

Guide For Parents: Safe Use of Mobile Devices and Resources to Support with Learning and Development

Useful websites/apps for families with 3-4 year olds

The Early Years Alliance in Lincolnshire has developed a series of webinar videos on You Tube for families to access. There are some sessions such as Learning through Play or Growing Talk and there are some that are aimed at parents to help them understand about key learning concepts for children and how to help their children; these cover a range of subjects from using messy play to understanding number.

These are a really useful tool for families to access to support child development and school readiness.

For families with children with English as an additional language there is also the option to watch these video clips with subtitles in their home language. Below is the link where you can find all of these webinars.

<https://www.eyalliance.org.uk/lincolnshire>

How to Turn On YouTube Subtitles – Steps:

1. Open a YouTube video.
2. Click on the box in the bottom right hand corner this turns on the subtitles and goes to English automatically.
3. Click the settings gear icon in the bottom-right corner of the video player to display the video player settings.
4. Click on Subtitles/CC.
5. Click on auto translate.
6. Scroll through and then click the desired subtitle language to begin displaying subtitles.

If using a mobile phone or tablet please complete the steps below before going onto step 2.

- Click on the more buttons (the 3 circles in the top right hand corner).
- Click on desktop this changes the view so that the subtitles and cog come up on the bottom of the video screen as it would on the desktop of a laptop or computer.

The BBC's [Tiny Happy People](#) . A BBC resource to support parents to develop their children's language and communication skills.

Hungry little minds : Go to <https://hungrylittleminds.campaign.gov.uk/> for simple hints and activities to do with your children.

www.booktrust.org.uk

Looking for something fun as a family? Enjoy story time with our free online books and videos, play games, win prizes, test your knowledge in our book-themed quizzes, or even learn how to draw some of your favourite characters.

www.tate.org.uk/kids

Play free games and quizzes, find art activities, explore homework help and share your art with Tate Kids. Fun activities like going on a colour scavenger hunt.

www.bbc.co.uk/cbeebies

Lots of videos, songs, games and craft ideas linked to popular TV characters, great healthy recipes to try at home, and top tips for parents too!

www.woodlandtrust.org.uk/blog/2020/03/kids-nature-activities-self-isolation

Ideas for activities to do at home in the park or garden linked to nature.

www.think.gov.uk/education-resources

Films games and ideas about road safety for different ages.

www.nhm.ac.uk

The natural history museum has a whole range of things to try at home, videos and activities.

<https://family.gonoodle.com/>

Also currently free to use, Go noodle gets your kids learning, singing and dancing and a bit of just downright silliness as well! Most appropriate for younger and primary aged children.

<https://www.jamieoliver.com/features/category/get-kids-cooking/>

Recipes and ideas for cooking with kids from Jamie Oliver.

https://www.youtube.com/channel/UCTKRCnHB7YmN69ilbg_JH2w

Floella Benjamin is telling stories for little ones on her YouTube channel.

<https://stories.audible.com/start-listen>

Audible are offering free books for children for the time that schools are closed. There are books for little listeners to teens and are around 180 available.

<https://hungrylittleminds.campaign.gov.uk/> for simple hints and activities to do with your children

The family zone literacy trust

<https://literacytrust.org.uk/family-zone/?fbclid=IwARODgilL5bxFyqPSza81eIrY6C3NlJtSvTTe0SCmsCVKG0DTHWPTYoqP3eY>

Inspire – culture, learning and libraries have a section for children and families

https://www.inspireculture.org.uk/online/children-and-families/?gclid=EA1aIQobChMI-rew6KyU7gIVRePmCh097QUvEAAYASAAEgK9ofD_BwE

Developing a love of reading , specifically for parents with young babies, developed by the Early Years Improvement Advisors

<https://youtu.be/0bLxT6HfVTA>

Ideas for parents and practioners to support children's speech, language and communication anytime and anywhere

http://www.thecommunicationtrust.org.uk/media/262306/npdw_homework_ev.pdf

Online safety for younger children

ThinkUKnow has created a page to support parents and young children online. The site includes home activity packs. There is also a parent support section for Under 5s.

<https://www.thinkuknow.co.uk/parents/articles/keeping-your-under-five-safe-online/>

The UK Council for Internet Safety has further early years resources, advice and guidance about safety online [here](#). Find child friendly information about keeping safe online in the early years through stories about:

- [Digiduck Stories](#)
- [Smartie the Penguin](#)

The NSPCC has advice to help you talk to your child about staying safe online.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/>

Education Otherwise has provided guidance for families currently learning at home due to the COVID-19 emergency. The guidance addresses common questions and issues that they have been receiving from parents.

https://educationotherwise.org/images/downloads/Guidance/EO_learning_at_home_guidance_March_2020.pdf

To support children with additional needs NASEN have produced some useful resources.

<https://nasen.org.uk>

Please also see attachments below



Time-Together-with-Your-Toddler.pdf



Games for Sight-Drawing.docx



Games for Touch - Sock Game.docx



Games for balance-Walking on t



Games for Touch - Ice Cubes.docx